

BLACKBERRY LIME MOJITO MOCKTAIL



DIFFICULTY

EASY



TIME

OVERNIGHT



SERVES

4 CUPS

INGREDIENTS

4 sprigs of mint, divided
3.5 Cups of water
1/3 cup lime juice
12 Stevia Drops or 2 Tbsp light
agave nectar
1/2 Cup of sparkling water
6 Blackberries

DIRECTIONS

1. In a pitcher, combine 2 sprigs of mint and water. Place in refrigerator overnight so that the water infuses
2. Remove the pitcher and remove the mint from water. Stir in the lime juice and sweetener
3. Fill 2 glasses with ice cubes. Fill with mint water $\frac{3}{4}$ of the way up. Top with a little sparkling water, a mint sprig and blackberries

NUTRITION FACTS PER SERVING

Calories: 7 Fat: 1g (Saturated Fat: 1g) Carbohydrates: 2g Fiber: 1g Sugar: 1g Protein: 1g



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