

INFUSED LOW-SUGAR STRAWBERRY LEMONADE



DIFFICULTY

EASY



TIME

10 MIN



SERVES

4

INGREDIENTS

1 pint of strawberries, halved
3.5 Cups of water
½ cup Lemon Juice
24 drops of Monk fruit Sweetener
(6 drops equals the sweetness of
1 teaspoon of sugar)

DIRECTIONS

1. In a pitcher, combine the strawberries and water. Place in refrigerator overnight so that the water infuses
2. Remove the pitcher and remove the strawberries from the water. Stir in the lemon juice and monkfruit sweetener.

NUTRITION FACTS PER SERVING

Calories: 7 Fat: 1g (Saturated Fat: 1g) Carbohydrates: 2g Fiber: 1g Sugar: 1g Protein: 1g



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